# Video Worksheet

**Video Title:**

**Date Watched:**

**Before Watching Video**

**Give a brief summary of what you already know about this topic**

**What do you hope to achieve after watching this video?**

**After** **Watching Video**

**What are your key learnings from this video?**

**How do you plan to implement your learning in your role/project?**

**What questions do you have?**